

AGENDA

2017 Geriatric Symposium • DAY ONE

Advancing Nursing in Long-Term Care

August 7, 2017

Crowne Plaza Austin • Austin, Texas



SYMPOSIUM AT A GLANCE

Welcome

2017 Geriatric Symposium • DAY ONE

Advancing Nursing in Long-Term Care

The first day of the Geriatric Symposium is designed to provide attendees with nursing-specific information related to the care of the geriatric population and those with dementia-related conditions.

Monday ★ August 7, 2017

7 – 8 a.m. **Registration**

8 – 8:15 a.m. **Welcome**

8:15 – 9 a.m. **Opening Keynote Address** • J. Taylor Harden, PhD, RN, FGSA, FAAN,

Director National Hartford Center of Gerontological

Nursing Excellence

9 – 9:20 a.m. **Break**

9:20 – 10:50 a.m. **Breakout Sessions • 1**

10:50 – 11:10 a.m. **Break**

11:10 a.m. – 12:40 p.m. **Breakout Sessions • 2**

12:40 – 1:50 p.m. **Lunch** (on your own)

1:50 – 2 p.m. **Call to Order**

2 – 3:30 p.m. **Breakout Sessions • 3**

3:30 – 3:50 p.m. **Break**

3:50 – 4:45 p.m. Closing Keynote Address • Alice Bonner, PhD, RN, FAAN

Secretary Elder Affairs, Massachusetts

4:45 – 5 p.m. Closing Remarks

SYMPOSIUM INFORMATION

General Information

Name Badges: Please wear your conference name badge at all times. Your name badge is your admission to the conference sessions, keynote addresses and other areas of our conference. For badges, visit the registration desk.

Electronic Devices: As a courtesy, please silence your electronic devices during all conference sessions.

Session Selections: The conference committee has worked hard to offer a diverse range of sessions. Please attend the sessions you registered for. Space is extremely limited.

Lunch on your own: For your convenience, the Crossroads Lounge is located in the hotel lobby. A list of nearby restaurants is available at the front desk or on the Crowne Plaza Austin website (click on "Dining").

Lost and Found: All lost items will be taken to the conference registration table.

Continuing Education Credits

The Texas Health and Human Services Commission Medicaid and CHIP Services plans to offer continuing education credit for licensed social workers, registered dietitians, certified nurse aides, ombudsmen, guardianship, assisted living facility managers, licensed nursing facility administrators, nursing facility activity directors, licensed psychology professionals and licensed professional counselors.

Texas Department of Aging and Disability Services – Regulatory Services Division is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Conference Evaluation

To ensure continued success of the conference, we need your valuable feedback. Please remember to complete the evaluations for each session you attend and turn them in to either the room monitors or to the conference registration table. You will be given a future opportunity to evaluate the overall conference.



SYMPOSIUM AGENDA

Monday ★ August 7

7 – 8 a.m. Hotel Lobby Registration

8 – 8:15 a.m.

Opening Remarks

Grand Ballroom

Michelle Dionne-Vahalik, MSN, RN • *Director, Quality Monitoring Program, Medicaid and CHIP Services, HHS*

General Session ■ Welcome

Stephanie Klick • Texas State Representative, District 91

State Representative Stephanie Klick will open the 2017 Geriatric Symposium by sharing her first-hand experience as a nurse and lawmaker, welcoming attendees and highlighting the importance of geriatric specialization.

Dr. Alexa Stuifbergen • Dean, The University of Texas at Austin School of Nursing

8:15 - 9 a.m.

Opening Keynote Address Advancing Nursing in Long-Term Care

Grand Ballroom

J. Taylor Harden, PhD, RN, FGSA, FAAN • Director, National Hartford Center of Gerontological Nursing Excellence

Dr. Harden will provide attendees with nursing-specific information related to the care of the geriatrics population and those with dementia-related conditions.

9 - 9:20 a.m.

Break

9:20 - 10:50 a.m.

Breakout Sessions • 1

Salons A, B

Texas OASIS Dementia Care

Susan Wehry, MD

Dr. Wehry will discuss the Oasis three-day training, an interdisciplinary, person-centered approach to long-term care that will help front-line nursing staff transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This approach benefits long-term care providers such as assisted living facilities and institutions for individuals with developmental disabilities and educates families and consumers of long-term care in Texas.



Salon E

Aging and Functional Limitations in the Long-Term Care Setting

Whitney Thurman, RN, MSN Anne Struifbergen Morales, PT, DPT

Get more information about functional risk factors and limited mobility among long-term care residents. Also covered are interventions to improve or maintain functional mobility status with assessment and analysis techniques for long-term care residents.

Salon D

Communication and Interacting with People with Dementia

Rita Armstrong, DNP, MSN-Ed, RN

Learn about current evidence-based practices for appropriate and supportive communication for clients with dementia. Dr. Armstrong will describe the evidence-based strategies for verbal communications, the influence of language and health care facilities, and three types of distress behaviors.

Salon C

Compassionate Touch: A Non-Pharmacological Approach that Prevents Behavioral Expression and Builds Care-Partner Relationships

Pamela Brandon, BS

Learn why skilled touch is good medicine in dementia care, how touch strengthens care-partner relationships and two Compassionate Touch techniques. The clinical impact of skilled touch on behavior, pain and anxiety will be discussed along with case examples of integration in existing eldercare communities.

Salons G, H

Helping Caregivers to Identify and Manage Dementia Symptoms: Keys to Success

Abraham Brody, PhD, RN, GNP-BC, FPCN

This session will cover how nurses and other skilled personnel can help formal caregivers, such as home health aides or nursing assistants, and informal caregivers, such as family or friends, in identifying and managing troubling symptoms in people living with dementia.

Lone Star I

Leadership Executive Coaching

Norine Yukon, BSN • Former CEO, United Healthcare Community Plan of Texas John Gillis, EdD, Management Consultant

Executive coaching can help you improve your personal and professional life. This interactive session provides an opportunity for a limited number of participants to give and receive feedback and practice assertiveness and communication skills in a group setting.

Salon F

Managing Mealtimes in Dementia: Practical Hand-Feeding Skills Training (Part 1)

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC

Learn about the current evidence-based protocol for optimizing nutritional outcomes for older adults with dementia and three techniques to help with feeding assistance.

Austin Room

Nursing Scope of Practice and Applicability of Safe Harbor Nursing Peer Review

Denise Benbow, MSN, RN • Texas Board of Nursing

Become familiar with resources related to the nurse's scope of practice and learn to determine how and when to apply safe harbor in the practice setting. Learn essential elements of safe harbor, including quick and comprehensive requests.

Waterloo Room

Oral Needs and Aging: The Nurse's Role Including Assessment, Prevention and Wellness

Sarah J. Dirks, DDS

Find out why significant oral health problems are easily overlooked and how the nursing profession is uniquely positioned to drive quality improvement. Learn why oral care is increasingly on the medical and regulatory radar.

Suites 735, 737, 738 7th Floor

Virtual Dementia Tour: Life through Their Eyes

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer QMP Trainers • Medicaid and CHIP Services, HHS

The Virtual Dementia Tour is a real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment. This new understanding can alter perspectives and change the way your staff approaches caregiving.



10:50 - 11:10 a.m. Break

11:10 a.m. – 12:40 p.m. Breakout Sessions • 2

Salons A, B Texas OASIS Dementia Care

Susan Wehry, MD

Dr. Wehry will discuss the Oasis three-day training, an interdisciplinary, person-centered approach to long-term care that will help front-line nursing staff transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This approach benefits long-term care providers such as assisted living facilities and institutions for individuals with developmental disabilities and educates families and consumers of long-term care in Texas.

Salon D Abuse and Neglect Nurse: Panel Presentation

The Nurse's Role

Denise Benbow, MSN, RN • Texas Board of Nursing

Become familiar with the nurse's duty to a patient and the nurse's role in situations of abuse and neglect. Nursing practice, board rules, regulations and resources will also be discussed.

Nursing Facility Reporting Requirements — Abuse, Neglect, and Exploitation and Other Incidents NFs Must Report

Irma Elizondo, RN, BSN • *ICF/IDD, LSC, and NF Policy, Rules and Curriculum Development Section, DADS*

Gain insight into nursing facility policy, rules and curriculum development related to abuse and neglect. This presentation reviews reportable incidents that all nursing facilities are required to report to Texas Health and Human Services.

Austin Room

Cardiac Issues in the Long-Term Care Setting

Meghan Murphy, RN, ACNS

Learn to identify treatment goals for cardiac patients in long-term care facilities, recognize acute symptoms, formulate appropriate treatment plans, manage anticoagulation, apply treatment for sleep apnea, utilize remote monitoring systems and choose from novel treatment options.

Salon G Executive Coaching

Taylor Harden, PhD, RN, FGSA, FAAN • *Director, National Hartford Center of Gerontological Nursing Excellence*

Learn how to persevere in your professional life through an executive coaching session. Participants are encouraged to read Sheryl Sandberg's book, "Lean In: Women, Work and the Will to Lead."

Salon E

Holding Crucial Conversations about Goals of Care in the Face of Dementia: How, What, Why, Where and When

Abraham Brody, PhD, RN, GNP-BC, FPCN

Join the discussion on how to help patients living with dementia and their surrogate decision makers or health care proxies match treatment with goals of care through structured communication. Learn how to plan advanced care and examine possible legal and ethical issues.

Salon F

Infection Control: Panel Presentation

Preventing and Reducing Health Associated Infections and Tracking using the National Healthcare Safety Network

Yolanda Velez, LNFA, MHA, BSN, RN, CPHQ, RAC-CT

Learn how to get access to and track infections using the National Healthcare Safety Network from the Centers for Disease Control. Learn how to implement infection control practices to prevent and reduce health care associated infections at your facility. Also learn how these practices affect long-term care and nursing home residents.

Antimicrobial Stewardship in Long-term Care Facilities

Theresa "Terry" Jaso, PharmD, BCPS (AQ-ID) • Seton Healthcare Family, Ascension, Texas

Learn the Centers for Disease Control's core elements of antimicrobial stewardship and steps for implementing a program. Practice actions to improve antibiotic use and types of outcome measures. Learn the common barriers to implementing antimicrobial stewardship programs in the long-term care facility setting.

Lone Star I

Leadership Executive Coaching

Norine Yukon, BSN • Former CEO, United Healthcare Community Plan of Texas John Gillis, EdD, Management Consultant

Executive coaching can help you improve your personal and professional life. This interactive session provides an opportunity for a limited number of participants to give and receive feedback and practice assertiveness and communication skills in a group setting.

Waterloo Room

Managing Mealtimes in Dementia: Practical Hand-Feeding Skills Training (Part 2)

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC

Eating is one of life's simple pleasures, and as dementia progresses, the ability to eat independently becomes lost. Learn how and when to use three different supportive hand-feeding techniques to minimize behaviors at mealtimes and maximize meal intake.

Salon H

Medication Management for Antipsychotics

Donna Rolin, PhD, APRN, PMHCNS-BC, PMHNP-BC

The failure to engage in regular monitoring of antipsychotic medications is recognized as the most frequent cause of preventable adverse drug events. In this session, you will learn best practices for antipsychotic medication management.

Suites 735, 737, 738 7th Floor

Virtual Dementia Tour: Life through Their Eyes

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer QMP Trainers • Medicaid and CHIP Services, HHS

The Virtual Dementia Tour is a real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment. This new understanding can alter perspectives and change the way your staff approaches caregiving.

Salon C

Women's Health in the Elderly Years

Amy Papermaster, RN, NP-C Vivian C. Aguilar, MD

Women can face health issues beginning at age 50 and throughout the rest of their lives. Heart disease, osteoporosis, breast cancer and diabetes occur more often in older women than in younger women. Lung cancer causes the greatest number of cancer-related deaths in women, followed by breast cancer and colon cancer. Learn about these issues and how to help manage women's health in their later years.

12:40 - 1:50 p.m.

Lunch (on your own)

1:50 – 2 p.m.

Call to order • *Directions for Breakout Sessions*

2 - 3:30 p.m.

Breakout Sessions • 3

Salons A, B

Texas OASIS Dementia Care

Susan Wehry, MD

Dr. Wehry will discuss the Oasis, three-day training, an interdisciplinary person-centered approach to long-term care that will help front-line nursing staff transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This approach benefits long-term care providers such as assisted living facilities and institutions for individuals with developmental disabilities and educates families and consumers of long-term care in Texas.

Salons F, G

Aging with Disabilities: Early Onset and Childhood Onset Conditions

Tracie Harrison, PhD, RN, FGSA, FAAN

Join the discussion on how aging with intellectual disabilities, mental health conditions or relevant developmental disabilities is defined, including trends in traumatic brain injuries from early in life. Find out how aging changes the trajectory of people with these conditions and of those aging with IDD or mental health issues.

Waterloo Room

Diabetes Management

Lisa Sumlin, BS, ADN, MSN, PhD

Alexandra Garcia, PhD, RN, APHN-BC, FAAN

Learn how to manage the care of older adults with diabetes through A1C tests, glucose targets, physical activity and dietary strategies. Medication requirements and adherence will be covered along with Medicare diabetes supply coverage and assistive devices for persons with vision impairment..

Salon H

Discerning RN's Delegation Decisions

Denise Benbow, MSN, RN • Texas Board of Nursing

Learn a registered nurse's responsibility according to the nursing licensure rules on regulations for deciding whether to delegate to an unlicensed personnel. Analyze the steps according to 22 Texas Administrative Code: Chapters 224 and 225.

Lone Star I

Leadership Executive Coaching

Norine Yukon, BSN • Former CEO, United Healthcare Community Plan of Texas John Gillis, EdD, Management Consultant

Executive coaching can help you improve your personal and professional life. This interactive session provides an opportunity for a limited number of participants to give and receive feedback and practice assertiveness and communication skills in a group setting.

Salon C

Nutrition for Older Adults

Ronna Robbins, RD, LD

Learn to identify physiological changes during aging associated with nutrition absorption and status. Review the nutritional needs and comprehensively review best dietary practices for long-term care needs of a geriatric population.

Austin Room

Respiratory Care in the Elderly

Carol Delville, PhD, RN, ACNS-BC

Join the discussion on how normal age-related changes increase the risk and severity of pulmonary complications. Discuss the cause and treatment for common respiratory disease in the older adult such as chronic obstructive pulmonary disease (COPD), pneumonia and sleep apnea.

Salon E

Skin and Wound Management, Prevention, Assessment and Care

Maria Luisa Faner, DNP, APRN, FNP-C, WCC

Learn the common skin conditions seen in the geriatric population and measures to prevent and treat skin breakdown in older adults. This session will also explore best practices in the management of skin conditions in older adults.

Salon D

Sun-Downing and Related Behaviors in Long-Term Care

Kathy Richards, PhD, RN

Learn to identify the short-term and long-term effects of poor sleep quality among older residents of long-term care. Review the evidence of non-pharmacological interventions (bright light, exercise, massage and social activity) to improve sleep and the advocacy of pharmacological interventions for sleep.

Suites 735, 737, 738 7th Floor

Virtual Dementia Tour: Life through Their Eyes

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer QMP Trainers • Medicaid and CHIP Services, HHS

The Virtual Dementia Tour is a real-life experience of dementia that allows are providers to gain a deeper understanding of the complications of cognitive impairment which will alter perspectives and change the way your staff approaches caregiving.

3:30 - 3:50 p.m.

Break

3:50 - 4:45 p.m.

General Session Closing Keynote Address

Grand Ballroom

The Power of One: Nurses Making a Difference in Long-Term Care and Engaging Communities around Vibrant, Purposeful Aging

Alice Bonner, PhD, RN, FAAN • Secretary of Elder Affairs, Massachusetts

Learn the challenges and opportunities in long-term care nursing and how nurses can make a positive difference every day with residents, family members and colleagues. Through lifelong learning, long-term care nurses can become leaders in policy, make a difference in public health and promote community engagement.

4:45 – 5 p.m.

Closing Remarks

Grand Ballroom

Michelle Dionne-Vahalik, MSN, RN • *Director, Quality Monitoring Program, Medicaid and CHIP Services, HHS*

SPEAKER BIOGRAPHIES

Welcome Session



Stephanie Klick • Texas State Representative, District 91

State Representative Stephanie Klick, elected November 2012, represents House District 91, which serves the cities of Haltom City, Richland Hills, North Richland Hills, Watauga and a portion of Fort Worth. With over 30 years of nursing experience, she serves on the Committees of Human Services and Public Health.

Klick is a native Texan, and was a candy striper as a youth at North Hills Medical Center in North Richland Hills — formerly known as Glenview Hospital — where she developed a passion for nursing. After graduating from Texas Christian

University with a Bachelor of Science in Nursing, she returned to North Hills Medical Center. She rose to the position of nursing supervisor at North Hills before leaving to become a nursing consultant. While serving as a consultant, Klick coordinated the care of the catastrophically injured and served as a compliance consultant for long-term care facilities for the developmentally disabled.

Keynote Speakers



J. Taylor Harden, PhD, RN, FGSA, FAAN • National Hartford Center of Gerontological Nursing Excellence, Director

Dr. J. Taylor Harden is executive director of the National Hartford Center of Gerontological Nursing Excellence, a non-profit association, and senior research scientist at the New York University Rory Meyers College of Nursing.

Previously, Harden served as the assistant to the director of the National Institute on Aging in the Office of Special Populations. In this capacity, Harden was responsible for activities supporting women, racially and ethnically diverse populations, and

people with disabilities. She also served as acting deputy director of the National Institute on Aging, National Institutes of Health, from January through October 2008.

Harden has received many honors, including the NIH Director's Award — three times — for her work on the NIA Health Disparities Strategic Plan, for trans-NIH health disparities planning, and for outstanding mentorship of new and early career scientists. She has also been awarded the New York University College of Nursing Helen Manzer Award, and the Gerontological Society of America's Task Force on Minority Issues in Gerontology Outstanding Mentorship Award.



Alice Bonner, PhD, RN, FAAN • Secretary of Elder Affairs, Massachusetts

Dr. Alice Bonner, Secretary of the Executive Office of Elder Affairs for the Commonwealth of Massachusetts, has been a geriatric nurse practitioner caring for older adults and their families for over 28 years.

From 2009-2011, Bonner was the director of the Bureau of Health Care Safety and Quality at the Massachusetts Department of Public Health. From 2011 to 2013, she served as director of the Division of Nursing Homes in the Centers for Medicare

and Medicaid Services in Baltimore, MD.

Bonner is an associate professor in the School of Nursing, Bouve College of Health Sciences and a faculty associate in the Center for Health Policy at Northeastern University. Her research interests include quality and safety in health care systems and community-based settings, elder abuse, fall prevention, improving dementia care, reducing unnecessary antipsychotic medication use and improving care transitions.

Breakout Session Speakers

Vivian C. Aguilar, MD

Dr. Vivian Aguilar is board certified in obstetrics and gynecology. Before joining the University Physicians Group – Women's Health of the Seton Family of Doctors, she was the attending physician at Saint Peter's University Hospital Department of Obstetrics and Gynecology and the Cleveland Clinic Department of Gynecology and Urology in Weston, Florida. Aguilar has been published in many peer-reviewed publications, articles, abstracts and chapters on various gynecological subjects. Her list of scientific presentations is extensive, and she has been honored with several excellence in teaching awards.

Rita Armstrong, DNP, MSN Ed, RN

Dr. Rita Armstrong's specialty is medical surgical nursing, telemetry, ortho-rehab and long-term and acute-care geriatrics. As a director of nursing for a registered nurse to Bachelor of Science in nursing online program, Armstrong continues to teach nursing education. She is a curriculum developer, nursing consultant and subject matter expert. Armstrong has been a certified Master Teacher since 2010 and continues to bring innovation and lifelong learning to the teaching environment.

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC

Dr. Melissa Batchelor-Murphy is an assistant professor at Duke University's School of Nursing. She is board-certified as a gerontological registered nurse and as a Family Nurse Practitioner. She has worked as an administrative nurse in skilled nursing homes and practiced in long-term care settings including geriatric primary care, assisted living and skilled nursing facilities and house calls. Her research is focused on improving mealtimes for people with dementia through three different hand-feeding techniques – direct hand, over hand and under hand – and in reframing mealtime behaviors as a form of communication rather than care resistance. Her research has been supported by The John A. Hartford Foundation, the Robert Wood Johnson Foundation Nurse Faculty Scholars program, and the National Institute of Health and National Institute for Nursing Research.

Denise Benbow, MSN, RN

Denise Benbow joined the Texas Board of Nursing as a nursing consultant for practice in 2007. Her job duties include development and delivery of face-to-face workshops and webinars on topics such as nursing jurisprudence and ethics, scope of practice, professional boundaries, delegation, and nursing peer review (both incident-based and safe harbor). Benbow is also skilled at interpreting and applying nursing licensure laws in Texas to a variety of nursing practice situations.

Pamela Brandon, BS • AGE-u-cate President and Chief Executive Officer

Pam Brandon is president and founder of AGE-u-cate Training Institute based in Dallas-Fort Worth. Drawing on over 24 years of personal and professional experience in caregiver education, she is passionate about embracing positive change in the field of aging and dementia training by developing practical tools for direct care staff and families that will create positive outcomes for those who live in, work and visit eldercare communities. A strong believer in hands-on learning, Brandon is the creator of the Dementia Live and Aging Live sensitivity awareness training programs and collaborated with Ann Catlin in the development of the Compassionate Touch program for dementia and end-of-life care. A professional speaker, trainer and facilitator, Brandon directs and leads the AGE-u-cate team of professionals in developing and delivering innovative, research- based programs while growing a network of Master Trainers across the United States and internationally.

Abraham Brody, PhD, RN, GNP-BC, FPCH

Dr. Abraham Brody is an assistant professor and associate director of the Hartford Institute for Geriatric Nursing at the NYU Rory Meyers College of Nursing. An expert in home-based inter-professional care of seriously ill older adults, he is a board-certified gerontological nurse practitioner with years of experience in the care of older adults across multiple settings, having worked in house calls, community-based facilities and acute care settings.

Carol Delville, PhD, RN, ACNS-BC

Dr. Carol Delville is a clinical faculty member at The University of Texas at Austin School of Nursing with a focus in the management of multiple chronic conditions. She has worked closely with an interprofessional team in long-term care as an advanced practice nurse since 2003 and integrated her skills into adult-gerontology clinical nurse specialist education. Delville is responsible for the educational application of iPad Minis to provide integrated, comprehensive and evidence-based care for people with multiple chronic conditions, especially underserved populations such as residents in long-term and assisted living facilities.

Sarah J. Dirks, DDS

Dr. Sarah J. Dirks is chief executive officer of Geriatric Dental Group and adjunct faculty at the University of Texas Health Science Center Dental School. The group serves as a clinical rotation site for dental assistant and dental hygiene students. She completed a post-doctoral fellowship in geriatrics and has served as clinical director of the school's Geriatric Dental Clinic.



Irma Elizondo, RN, BSN • *ICF/IDD, LSC* and NF Policy, Rules and Curriculum Development Section, DADS

Irma Elizondo, a registered nurse for 36 years, is one of the statewide nursing facility policy specialists and has worked for the Texas Department of Aging and Disability Services since 2000. Her work involves developing policies, procedures, handbooks and manuals. She serves as an internal and external policy expert for nursing facilities for both current and proposed policy and rules. Elizondo also provides assistance to internal and external stakeholders related to people in the program. Before working for DADS she attended the University of Texas Health Science Center in San Antonio where she earned a bachelor's degree in nursing.

Maria Luisa Faner, DPN, APRN, FNP-C, WCC

Maria Luisa Faner has been a nurse practitioner since 1998 and specialized in wound care since 2004. She works at BIENVIVIR All-Inclusive Senior Health as the wound care specialist, evaluating various types of skin conditions and lesions, as well as formulating, recommending and implementing plans of care. She also works on quality improvement initiatives in the prevention of pressure injuries and other ulcers and coordinates the entire wound care service for almost 950 program participants. Farner spoke about skin and wound care at the 2016 Geriatric Symposium and at the 2017 Annual Continuing Conference for Nurse Practitioners in El Paso

Alexandra Garcia, PhD, RN, APHN-BC, FAAN

Dr. Alexandra Garcia is an associate professor at the University of Texas at Austin where she teaches courses to graduate and undergraduate students in public health and research. Garcia has conducted research with Mexican Americans with Type 2 diabetes since 1995, including survey, instrumentation and intervention studies funded by the National Institutes of Health. She has been published in peer-reviewed journals and presents often at national research conferences.

John Gillis, EdD, Management Consultant

Dr. John Gillis Jr. provides consulting expertise focused on talent management, change management and organization development. He designs and delivers leadership development programs around the world to cross-industry clients. Gillis has been a certified management consultant for IBM's Strategic Change and Business Transformation solution groups, a human performance management consultant for Accenture, a performance consultant for Convergys and a consultant for the Center for Creative Leadership.

Tracie Harrison, PhD, RN, FGSA, FAAN

Dr. Tracie Harrison is an associate professor at The University of Texas at Austin where she studies aging with disability along with the policy outcomes and implications of disability in people's lives. She has over 50 publications on women's experiences with severe, permanent disabilities, along with the perspective from diverse populations primarily in the state of Texas. As a nurse researcher with a focus in geriatric outcomes, her research has been funded by federal, private and state agencies concerned with the long-term services and supports provided. Harrison also served as an American Political Science Association Congressional Fellow and Health and Aging policy fellow in the Office on Disability and Administration on Aging as it combined into the Administration on Community Living.

Theresa "Terry" Jaso, PharmD, BCPS (AQ-ID)

Theresa "Terry" Jaso is board certified in pharmacotherapy with added qualifications in infectious diseases. She has served as the Seaton Healthcare Family pharmacist for 29 years, with the last 15 years in the area of antimicrobial stewardship. Jaso serves as a Seton Network clinical pharmacy specialist in infectious diseases and is a co-chair of the anti-infectives monitoring subcommittee of P&T (AIMS).

Meghan Murphy, RN, ACNS

Meghan Murphy received her master's degree in nursing at The University of Texas at Austin. She obtained her undergraduate degree from Villanova University in Pennsylvania. While in graduate school, she interned with Austin Heart and discovered her passion for helping patients with arrhythmias. Since then she has been focused in electrophysiology. Originally from Rhode Island, Murphy is an active member of Austin Advanced Practice Nurses, Sigma Theta Tau Honors Society and the National Association of Clinical Nurse Specialists.

Amy Papermaster, RN, NP-C

Amy Papermaster is a nurse practitioner at University Physicians Group in OB-GYN and Urogynecology with training in primary care. She is a Longhorn and native Texan where she is currently pursuing a PhD in nursing. Amy graduated with a Bachelor of Science in nursing from The University of Texas at Austin and earned a Master of Science in nursing from Vanderbilt University.

Kathy Richards, PhD, RN

Dr. Kathy Richards is a research professor at The University of Texas at Austin and has 20 years of experience conducting clinical trials, leading interdisciplinary research teams and effectively collaborating with other investigators. In addition, she has a background in nursing, sleep disorders, physical activity, geriatrics, doctoral education and six years of advanced career development training in health services research, clinical trials and sleep medicine.

Ronna Robbins, RD, LD

Ronna Robbins is a registered dietitian and clinical field consultant for long-term care communities. She has over seven years' experience working as a field consultant dietitian across the state of Texas and is frequently called upon as a subject expert in the field of nutrition and dietetics. Robbins earned a Bachelor of Science degree from the University of Texas in nutritional sciences and dietetics where she also received her certification as a licensed dietitian.

Donna Rolin, PhD, APRN, PMHCNS-BC, PMHNP-BC

Dr. Donna Rolin is the director of the Psychiatric Mental Health Nurse Practitioner Program at The University of Texas at Austin School Nursing. Her clinical background as a psychiatric advanced practice registered nurse encompasses cognitive behavioral, group and family psychotherapies as well as psychiatric evaluation and pharmacotherapy disorders in inpatient, community and forensic settings. Rolin's research focuses on community psychiatry and substance use disorders. She is active in the American Psychiatric Nurse Association where she serves as co-chair of the Education Council and locally in the Psychiatric Advanced Practice Nurses of Austin organization.

Lisa Sumlin, BS, ADN, MSN, PhD

Dr. Lisa Sumlin is an assistant professor of clinical nursing at The University of Texas at Austin, where she teaches classroom and clinical courses to undergraduate nursing students. She has worked for several years as a clinical nurse specialist focusing her work on patients with diabetes. She received funding from the National Institutes of Health for her doctoral research with African American women with diabetes and continues to collaborate on a variety of diabetes-related research studies.

Yolanda Velez, LNFA, MHA, BSN, RN, CPHQ, RAC-CT

Yolanda Velez is a statewide Clostridium difficile infection prevention quality improvement consultant and team STEPPS master trainer and has worked for TMF Health Quality Institute since January 2016. Her work involves assisting 170 nursing home facilities to register and enroll in the Centers for Disease Control's National Healthcare Safety Network for data reporting on C. difficile events. She trains nursing home staff on NHSN, infection prevention strategies and TeamSTEPPS communication tools. Velez earned her degree in nursing at The University of Puerto Rico and attended Texas State University in San Marcos where she earned her post graduate degree in nursing home administration and attended the University of Phoenix were she earned her master's in healthcare administration.

Susan Wehry, MD

Dr. Susan Wehry is a geriatric psychiatrist with more than 30 years of experience as a physician leader and educator. A passionate advocate and dynamic speaker, Wehry has inspired policymakers, caregivers, physicians and other human service professionals from Alaska and Florida. In 2009, she developed Oasis, an interdisciplinary person-centered approach to long-term care that has helped facilities throughout New England transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use.

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer

Stephanie Wofford received her bachelor's degree in health education from Texas A&M University in 1996 and a bachelor's degree in nursing in 2006 from Stephen F. Austin State University. She taught school before becoming a registered nurse. Wofford has been with the Texas Department of Aging and Disability Services as a nurse quality consultant since September 2015 and is a certified dementia practitioner.

Norine Yukon, BSN • Former CEO UnitedHealthcare Community Plan of Texas

Norine Yukon is the former chief executive officer of United Healthcare Community Plan of Texas and currently serves as a strategic advisor, executive coach and board member of several health care corporations. She is a graduate of The University of Texas School of Nursing and has previously practiced as a psychiatric nurse in an inpatient setting for 10 years. Her interest in health care delivery and quality led her to the managed care industry and to the broader roles she achieved within the industry.

Symposium Sponsors







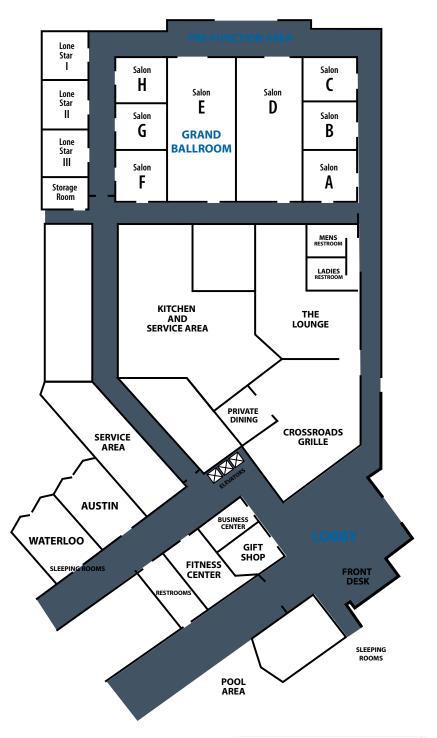












Crowne Plaza Austin

6121 N Interstate Hwy 35 Austin, TX 78752 512-323-5466





TEXAS

Taking the Next Step

2017 Geriatric Symposium

Hosted by

Texas Health and Human Services in collaboration with The University of Texas at Austin, School of Nursing.



